

THE SUSTAINABILITY JOURNEY

- an introduction to sustainability

Overview of the course content in the e-learning *The Sustainability Journey*

This approximately 30 minutes long web course introduces you and your co-workers to the concept of sustainability in an exciting way, and gives you a thorough and scientifically based understanding of how the greatest challenge of our time also is our greatest opportunity.

This e-learning is intended for those wanting to get a better understanding of what sustainable and unsustainable development means, and why this is relevant knowledge for companies as well as for the rest of society. We will show you examples of strategies that make it possible for actors to become ecologically and socially sustainable.

1. Introduction

Firstly, you will be given a brief introduction to what sustainable development means.

2. Our current situation

Here, we explain why a journey towards sustainability has to be initiated. You will be given an overview of the challenges we face because of an unsustainable development, and which possibilities there are.

3. Understanding our goal

What is our destination? We give you a concrete definition of what a sustainable society is.

4. How do we get there?

This is about actions that support a sustainable development through a number of key strategies, with useful examples for each for them.

5. The end

Towards the end of the course, you will be able to download a course summary and some more in-depth material that can be used for inspirational purposes, once the course is finished.

Furthermore, you will at the end of the course go through an exam. The purpose with this is to pinpoint the main lessons learned throughout the e-learning, and to give you a chance to test your new skills. Upon successful completion of the exam, you will receive a diploma.